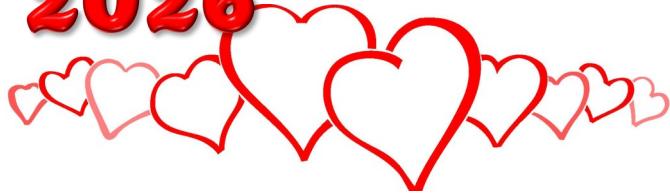


FEBRUARY 2026



STAFF

Carie Dick, Director
 Dana Reckelhoff, Community Engagement Coordinator
 Renée Clesi, Receptionist
 Kaci Wehr, OAC Activities Coordinator
 Bibianna Green-OAC Activities Assistant
 Mitch Sermersheim-OAC Activities Assistant

ARNOLD F. HABIG COMMUNITY CENTER

ACTIVITIES FOR 55+

1301 St. Charles Street, Jasper, IN 47546
 812-482-4455 www.jasperindiana.gov

Facebook: Jasper Park and Recreation Department
Hours: Monday-Friday, 8:00am-4:00pm

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 CENTER CLOSED	2 8:45 Golden Go 9:45 Senior Strong 11:00 Chair Yoga 6:00 Line Dancing	3 12:00 	4 8:30-3:00 Taxes 8:45 Chair Yoga 9:45 Yoga 12:30 Mexican train dominoes	5 7:30am Sign up by phone for Derby Dinner 8:45 Golden Go 9:45 Senior Strong 12:30 Cinch Tourney	6 9:00 Floor Yoga 10:00 Chair Yoga 12:30 Hand & Foot 3:00 RSVP due for Catered Meal	7
8 CENTER CLOSED	9 8:45 Golden Go 9:45 Senior Strong 11:00 Chair Yoga 6:00 Line Dancing	10 12:30 Scrabble 12:30 Pay Me	11 8:30-3:00 Taxes 8:45 Chair Yoga 9:45 Yoga 12:30 Texas Hold'em	12 8:45 Golden Go 9:45 Senior Strong 12:30 Rum Tourney	13 9:00 Floor Yoga 10:00 Chair Yoga 12:30 Tripoley	14 
15 CENTER CLOSED	16 CENTER CLOSED <i>Happy Presidents Day</i> 	17 12:00 	18 8:30-3:00 Taxes 8:45 Chair Yoga 9:45 Yoga 12:30 Phase 10	19 8:45 Golden Go 9:45 Senior Strong 12:30 Euchre Tourney	20 9:00 Floor Yoga 10:00 Chair Yoga 12:30 Horse Racing Game 3:00 Money due for Derby Dinner	21
22 CENTER CLOSED	23 8:45 Golden Go 9:45 Senior Strong 11:00 Chair Yoga 6:00 Line Dancing 12:30 Texas Hold'em	24 12:00 Catered Meal 12:30 Scrabble	25 8:30-3:00 Taxes 8:45 Chair Yoga 9:45 Yoga 12:30 Tripoley	26 8:45 Golden Go 9:45 Senior Strong 12:30 Hand & Foot	27 9:00 Floor Yoga 10:00 Chair Yoga 12:30 Pay Me	28

CENTER HOURS

Monday—Friday
8:00am-4:00pm

Please utilize the banquet room entry door to sign in. If you are coming to use the exercise room, please sign in the book to help us track numbers .

We kindly request you do not rearrange tables.

If you are not feeling well—please STAY home.

Please be aware that our calendar is subject to change at a moment's notice. We will share information via local news and Facebook under the **Jasper Park and Recreation Department** page.



If there are parking spots available, please do not park in the grass.

**Parks
Make
Life
Better!**

BOOKS & PUZZLES

We have a great selection of books (Habig Room) and puzzles (Computer Room) to borrow. Please return to the shelf when done. Your generous donations have filled our shelves! We are unable to take donations at this time.

EXERCISE ROOM

Available Monday—Friday from 8am-3:45pm. Please be considerate by wiping your machine following use.



WALKING

The mulched, outside walking trail is open (1 lap = 1/3 mile). The banquet room is open for walking outside of exercise class times (25 laps = 1 mile).

ALSO AVAILABLE

- CARD TABLES:** Available for individual groups
- Computers/ Wi-Fi:** Available for personal use.
- POOL, PING PONG AND BUMPER POOL TABLES:** Open in the card room downstairs. They are not available Monday mornings, Thursday afternoons or Friday mornings.
- TECHNOLOGY ASSISTANCE:** Will not be available until April 22nd, 2026



Bingo is played in the banquet room. Cost is \$1.00 per card plus \$0.50 for two special games. We will begin collecting money at 11:30am.

We ask you to keep bills to \$5 and under. We pay out 100% and do not have change. Please bring a sweater as it may be chilly. Car pool as much as possible.

CARD TOURNEYS

*Please sign-up by **10:00am** the morning of the tourney.

CINCH February 5th

RUM February 12th

EUCHRE February 19th

Tourneys begin at 12:30pm in the basement card room. Entry fee is \$1.00. All money is distributed to 1st, 2nd & 3rd place.

CATERED MEAL

Join us on **Tuesday, February 24th at Noon** as Arnie's Catering will prepare fried chicken, German fries, green beans and 7-layer salad and rolls. Unsweetened iced tea or water will be available. Cost is **\$11.00** and will be collected at the door. **Reservations are due by 3pm on Friday, February 6th. Late reservations cannot be guaranteed, caterers require a head count 2 weeks prior.**

*If you made a reservation and cannot attend, we ask that you find a replacement or pay for your meal if it is after the RSVP deadline. We can make a "to go" if needed. To Go orders are made after everyone goes through line. **Please carpool as much as possible, as parking is limited.**

GAMES

*Please sign-up by **10:00am** the day you plan to play. We welcome new players!

- **DOMINOES:** The Mexican Train version will be played.
- **HAND AND FOOT:** A two-handed game of Hand and Foot Canasta. It's played individually with 1 deck per person plus 1 extra deck.
- **PAY-ME:** A game similar to Rum but played with 3 decks of cards, including the jokers.
- **HORSE RACING:** A simple card game of luck and fun! \$1.00 to enter and played with chips. Winner receives the entry fees.
- **PHASE-10:** Complete all ten phases of this fun and easy-to-learn card game before your opponents.
- **RUMMIKUB:** An enjoyable game described as a mix of Mah Jongg and Rummy.
- **SKIP-BO:** Play all the cards in your stock pile first to win the game, and earn points for winning.
- **SKYJO:** This is a simple, fun game to learn and play. Flip and exchange your cards to try to collect the least amount of points.
- **TRIPOLEY:** This fun game is a mix of Hearts, Poker, and Michigan Rummy.
- **TEXAS HOLD'EM:** Who will have the lucky hand? A \$1.00 charge to play, and the winner receives the entry fees!
- **SEQUENCE:** Use cards to place markers and connect a series of matching straight lines on the board or sequences !
- **SEVENS:** A fun card game that incorporates domino style play!

EXERCISE CLASSES

- **CHAIR YOGA:** All are welcome in this gentle yoga class. We practice poses seated in a chair and standing. It provides an opportunity to build muscular endurance and increase flexibility in a calming, peaceful manner.
- **YOGA & YOGA FLOW:** In this beginner-style yoga class, we practice poses while lying down, standing, and seated on the floor. It provides an opportunity to build strength and endurance, enhance flexibility and balance and promote relaxation.
*Please bring your yoga mat.
- **GOLDEN GO:** This class is designed to offer a mixture of lower level chair exercises to specifically support strength, flexibility, and balance.
- **SENIOR STRONG:** For more of a challenge, this class consists of low impact aerobics and resistance exercises to boost heart health and improve strength and endurance.
- **BANDS & FLOW:** This class will utilize exercise bands and body weight strength exercises. Yoga poses will flow into the session, as the focus will be placed on muscular endurance, flexibility, and balance. *Exercises will be conducted standing or in a chair (no floor exercises).



MONTHLY RECIPE

One Skillet Taco Chicken & Rice

(Recipe by Kevin Curry from www.delish.com)

1 1/2 c. brown rice
1 1/2 lb. chicken breasts, cut into 1-inch chunks
1 tbsp. smoked paprika
2 tsp. ground cumin
2 tsp. dried oregano
1 tbsp. olive oil
1 tbsp. chopped garlic
1/3 c. chopped onion
1 diced green bell pepper
1 (7.5 oz.) can no-salt black beans, drained
1 large tomato, diced (or 1 can diced tomatoes)
2 c. red enchilada sauce
1 c. water
3/4 c. shredded cheese (such as Mexican cheese)
Sea salt & pepper, to taste
Freshly chopped cilantro, for garnish
Avocado, sliced, for garnish

Set deep (nonstick) skillet on medium heat, and once hot, add olive oil, garlic, onion and bell pepper. Cook for 2-3 minutes until the outside of the onion has slightly browned. Add chicken breast and cook for about 3-5 minutes. Fold in the cooked brown rice, then stir in the black beans, tomato, enchilada sauce and water. Mix everything together and bring to a light simmer. Reduce the heat to low-medium, then cover and cook for 8-10 minutes.

Remove the top, stir up the chicken and rice and season to taste with salt and pepper. Sprinkle on some cheese (if desired), then bake for 5-7 minutes to melt the cheese. Garnish as desired.



TRIPS

ALL TRIPS AND ACTIVITIES ARE FOR DUBOIS COUNTY RESIDENTS AGE 55 AND OLDER.

- When signing up for trips, only four individuals per sign-up.
- There is a \$25.00 charge for all returned checks.
- We cannot guarantee a refund if you must cancel your reservation.
- All trips will leave from the Schroeder Soccer Complex near IGA in Jasper. Please park in the far east side of the lot. **(closest to Clay Street/ football field).**

Although sign-ups may close on a trip, there may be times that there are still open seats.

Please call or stop by to check. These adventures can't happen without your participation!



Thursday, March 12th-Derby Dinner- The 25th Annual Putnam County

Spelling Bee—"Six awkward spelling champions learn that winning (and losing) isn't everything. This fast-paced and wildly funny Broadway Musical is a riotous ride, complete with audience participation!"

Sign up by phone at 7:30am on Thursday

February 5th. There are 2 buses available and we'd love to fill both! We will leave the Schroeder Soccer Complex at 9:45am and return to Jasper by 5:30pm. **Cost is \$75** for meal/show and transportation.

Tip for the bus driver will be on your own. **Money is due by Friday, February 20th.**

TAX FILING ASSISTANCE

Filing assistance will be available at the Habig Center **by appointment only.**

- Every **Wednesday, ending April 8th**, from 8:30 a.m. to 3:00 p.m. If Wednesday does not work for you, you will need to make other arrangements elsewhere.
- Please call the center at 812.482.4455 to **schedule an appointment.**
- Due to limited resources, taxpayers with more than **\$70,000** total income must use other local tax professionals.
- You must bring your photo ID and last years tax returns.
- Our preparers are volunteers and are donating their time to assist you. Please treat them with kindness.

VOLUNTEERS ARE ALWAYS NEEDED!!

If interested in volunteering for tax filing assistance, please contact Russ Young at 309.265.5038.



SINGING SENIORS

Practice at the Habig Center on Friday mornings at 10am and visit area nursing homes to sing for the residents. If you'd like to join, stop by a practice and meet with them! They will be off in January and February.



Group Fitness Classes

Looking for additional exercise classes? Some are being held in the basement of the Habig Center! For more information including cost, contact Jill Wigand with Fit Together at 812-309-1879 or check out her Facebook page!



Line Dancing

Jill Wigand is offering line dancing classes in the banquet room on Monday nights. Beginner to intermediate dances 6:00pm-7:00pm. Cost is \$10.00 per class payable that night.