

Jasper Police Department Hiring Process

Physical Fitness Testing

The following physical fitness tests are pass/fail and must be successfully completed to continue in the hiring process. It would be in each applicant's best interest to prepare themselves for the physical fitness portion of the hiring process. No special equipment is necessary to perform these tests.

1.5 Mile Run --- 16 minutes, 28 seconds

Vertical Jump --- 16 inches

Push-Ups --- 25 minimum

1 Minute Sit-Ups --- 29 minimum

300 Meter Run --- 71 seconds