

AUGUST 2025

STAFF

Carie Dick, *Director*
 Dana Reckelhoff, *Community Engagement Coordinator*
 Kaci Wehr, *OAC Activities Coordinator*
 Bibianna Green-OAC *Activities Assistant*
 Renée Clesi, *Receptionist*

ARNOLD F. HABIG COMMUNITY CENTER

ACTIVITIES FOR 55+

1301 St. Charles Street, Jasper, IN 47546

812-482-4455 • www.jasperindiana.gov

Facebook: Jasper Park and Recreation Department

Hours: Monday-Friday, 8:00am-4:00pm

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		Have a great Strassenfest weekend!		**Please get your RSVP in for trips as I will need to release unsold tickets and cannot guarantee availability past the sign up day**	1 7:30 Sign up for Derby Dinner 9:00 Floor Yoga 10:00 Chair Yoga 10:00 Singing Seniors practice 12:30 Hand & Foot	2
3 CENTER CLOSED	4 7:30 Sign up for Ellis Park 8:45 Golden Go 9:45 Senior Strong 11:00 Chair Yoga 6:00 Line Dancing	5 12:00 BINGO	6 8:45 Chair Yoga 9:00 Free tech assistance 9:45 Yoga 12:30 Tripoley	7 8:45 Golden Go 9:45 Senior Strong 12:30 Cinch Tourney 3:00 RSVP due for Catered meal	8 9:00 Floor Yoga 10:00 Chair Yoga 10:00 Singing Seniors at The Timbers, Jasper 12:30 Pay Me 3:00 Money due for Ellis Park	9
10 CENTER CLOSED	11 8:45 Golden Go 9:45 Senior Strong 11:00 Chair Yoga 6:00 Line Dancing	12 12:30 Tripoley 12:30 Scrabble	13 8:45 Chair Yoga 9:00 Free tech assistance 9:45 Yoga 12:30 Texas Hold'em	14 8:45 Golden Go 9:45 Senior Strong 12:30 Rum Tourney	15 9:00 Floor Yoga 10:00 Chair Yoga 10:00 Singing Seniors practice 12:30 Horse Racing game 3:00 Money due for Derby	16
17 CENTER CLOSED	18 8:45 Golden Go 9:45 Senior Strong 11:00 Chair Yoga 6:00 Line Dancing	19 12:00 BINGO	20 8:45 Chair Yoga 9:00 Free tech assistance 9:45 Yoga 12:30 Pay Me	21 8:45 Golden Go 9:45 Senior Strong 12:30 Euchre Tourney	22 9:00 Floor Yoga 10:00 Chair Yoga 10:00 Singing Seniors @ Bee-hive, Huntingburg 11:00 Leave Schroeder for Ellis Park	23
24/31 CENTER CLOSED	25 8:45 Golden Go 9:45 Senior Strong 11:00 Chair Yoga 12:30 Texas Hold'em 6:00 Line Dancing	26 12:00 Catered meal 12:30 Scrabble	27 8:45 Chair Yoga 9:00 Free tech assistance 9:45 Yoga 12:30 Phase 10	28 8:45 Golden Go 9:45 Senior Strong 12:30 Hand & Foot	29 9:00 Floor Yoga 10:00 Chair Yoga 10:00 Singing Seniors practice 12:30 Sky Jo	30

CENTER HOURS

Monday—Friday
8:00am-4:00pm

Please utilize the banquet room entry door to sign-in. If you are coming to use the exercise room, please sign in the book to help us track numbers.

We kindly request you do not rearrange tables.

If you are not feeling well—please STAY home.

Please be aware that our calendar is subject to change at a moment's notice. We will share via local news and Facebook under the Jasper Park and Recreation Department page recent news.



If there are parking spots available, please do not park in the grass.



BOOKS & PUZZLES

We have a great selection of books (Habig Room) and puzzles (Computer Room) to borrow. Please return to the shelf when done. *Your generous donations have filled our shelves! We are unable to take donations at this time.*

EXERCISE ROOM

Available Monday—Friday from 8am-4pm. Please be considerate by wiping your machine following use.



WALKING

The mulched, outside walking trail is open (1 lap = 1/3 mile). The banquet room is open for walking outside of exercise class times (25 laps = 1 mile).

ALSO AVAILABLE

- **CARD TABLES:** Available for individual groups
- **Computers/ Wi-Fi:** Available for personal use.
- **POOL, PING PONG AND BUMPER POOL TABLES:** Open in the card room downstairs. They are not available Monday mornings, Thursday afternoons or Friday mornings.
- **TECHNOLOGY ASSISTANCE:** Ryan will be available on Wednesdays from 9-10:30am.



Bingo is played in the banquet room. Cost is \$1.00 per card plus \$0.50 for two special games. We will begin collecting money at 11:30am.

We ask you to keep bills to \$5 and under. We pay out 100% and do not have change. Please bring a sweater as it may be chilly. Car pool as much as possible.

CARD TOURNEYS

*Please sign-up by **10:00am** the morning of the tourney.

CINCH August 7th

RUM August 14th

EUCHRE August 21st

Tourneys begin at 12:30pm in the basement card room. Entry fee is \$1.00. All money is distributed to 1st, 2nd & 3rd place.

CATERED MEAL

Join us on **Tuesday, August 26th at 12:00pm** as Catering by Meyer will prepare pecan chicken breast, roasted potatoes, 7-layer salad, glazed carrots and yeast rolls. Unsweet tea or water will be available. Cost is **\$11.00** and will be collected at the door. **Reservations are due by 3pm on Thursday, August 7th. Late reservations cannot be guaranteed, caterers require a head count 2 weeks prior.**

*If you made a reservation and cannot attend, we ask that you find a replacement or pay for your meal if it is after the RSVP deadline. We can make a "to go" if needed. To Go orders are made after everyone goes through line. **Please carpool as much as possible, as parking is limited.**

GAMES

*Please sign-up by **10:00am** the day you plan to play. We welcome new players!

- **DOMINOES:** The Mexican Train version will be played.
- **HAND AND FOOT:** A two-handed game of Hand and Foot Canasta. It's played individually with 1 deck per person plus 1 extra deck.
- **PAY-ME:** A game similar to Rum but played with 3 decks of cards, including the jokers.
- **HORSE RACING:** A simple card game of luck and fun! \$1.00 to enter and played with chips. Winner receives the entry fees.
- **PHASE-10:** Complete all ten phases of this fun and easy-to-learn card game before your opponents.
- **RUMMIKUB:** An enjoyable game described as a mix of Mah Jongg and Rummy.
- **SKIP-BO:** Play all the cards in your stock pile first to win the game, and earn points for winning.
- **SKYJO:** This is a simple, fun game to learn and play. Flip and exchange your cards to try to collect the least amount of points.
- **TRIOLEY:** This fun game is a mix of Hearts, Poker, and Michigan Rummy.
- **TEXAS HOLD'EM:** Who will have the lucky hand? A \$1.00 charge to play, and the winner receives the entry fees!
- **SEQUENCE:** Use cards to place markers and connect a series of matching straight lines on the board or sequences!
- **SEVENS:** A fun card game that incorporates domino style play!

EXERCISE CLASSES

- **CHAIR YOGA:** All are welcome in this gentle yoga class. We practice poses seated in a chair and standing. It provides an opportunity to build muscular endurance and increase flexibility in a calming, peaceful manner.
- **YOGA & YOGA FLOW:** In this beginner-style yoga class, we practice poses while lying down, standing, and seated on the floor. It provides an opportunity to build strength and endurance, enhance flexibility and balance and promote relaxation.

*Please bring your yoga mat.

- **GOLDEN GO:** This class is designed to offer a mixture of lower level chair exercises to specifically support strength, flexibility, and balance.



- **SENIOR STRONG:** For more of a challenge, this class consists of low impact aerobics and resistance exercises to boost heart health and improve strength and endurance.
- **BANDS & FLOW:** This class will utilize exercise bands and body weight strength exercises. Yoga poses will flow into the session, as the focus will be placed on muscular endurance, flexibility, and balance. *Exercises will be conducted standing or in a chair (no floor exercises).



MONTHLY RECIPE

Easy Peanut Butter Pie

1 (9 inch) prepared graham cracker crust

1 cup heavy whipping cream

1 (10 ounce) package peanut butter chips

2 ounces smooth peanut butter

2 teaspoons vanilla extract

2 cups heavy whipping cream

¼ cup white sugar

½ cup chocolate syrup

Place 1 cup of cream in a small saucepan. Heat to just below the boiling point.

Place peanut butter chips, peanut butter, and vanilla extract in food processor. With processor running, slowly drizzle hot cream down pouring chute. Process until mixture is completely smooth. Set aside to cool.

Whip cream in a large bowl until soft mounds form. Slowly add sugar while continuing to beat until cream forms stiff peaks.

Gently fold in cooled peanut butter mixture. Do not incorporate completely; leave some white streaks in mixture.

Pour mixture into graham cracker crust and chill at least 6 hours. Drizzle with chocolate syrup before serving.

TRIPS

ALL TRIPS AND ACTIVITIES ARE FOR DUBOIS COUNTY RESIDENTS AGE 55 AND OLDER.

- When signing up for trips, only four individuals per sign-up.
- There is a \$25.00 charge for all returned checks.
- We cannot guarantee a refund if you must cancel your reservation.
- All trips will leave from the Schroeder Soccer Complex near IGA in Jasper. Please park in the far east side of the lot. (closest to Clay Street/ football field).
- **Bus prices have gone up so that is the difference in cost for the 2025 season.**

Friday, August 22nd

Ellis Park—They called back and we are going! Join us for an afternoon of live racing at Ellis Park in the air conditioned Sky Suite. **We will leave Schroeder Complex at 11:00 am.** Once we arrive at Ellis Park you may opt for the food truck vendors or the buffet lunch in the Sky Suite. The buffet \$24.00 per person, and the vendors will vary in price. The cost for food, races and bus driver tip is on your own, of course! First race is 12:45pm and we will head for home after the last race of the day, tentatively 6pm. **Sign up by phone starting at 7:30am on Monday, August 4th.** Cost of the trip is \$40.00 and includes transportation and the per person table charge in the air conditioned Sky Suite. Money will be due by Friday, August 22nd.

Thursday, September 11th-

Derby Dinner Playhouse—Come From Away. “Come see this exciting new Broadway musical! What started as an average day in a small town in Newfoundland turned into an international sleepover when 38 planes from around the globe were diverted to their airstrip on September 11, 2001!” **Sign up by phone starting at 7:30am on Friday, August 1st.** Payment is due by Friday, August 15th. There are 2 buses available and we’d love to fill both! We will leave the Schroeder Soccer Complex at 9:45am and return to Jasper by 5:30pm. Cost is \$75 for meal/show and transportation. Tip for the bus driver will be on your own.



Sign-ups may close on a trip, there may be times that there are still open seats. Please call or stop by to check. These adventures can't happen without your participation!



SINGING SENIORS



Practice at the Habig Center on Friday mornings at 10am and visit area nursing homes to sing for the residents. If you’d like to join, stop by a practice and meet with them! They will be at **The Timbers of Jasper August 8th at 10:00am** and at **The Beehive in Huntingburg on August 22 at 10:00am.**

Group Fitness Classes

Looking for additional exercise classes? Some are being held in the basement of the Habig Center! For more information including cost, contact Jill Wigand with Fit Together at 812-309-1879 or check out her Facebook page!



Line Dancing

Jill Wigand is offering line dancing classes in the banquet room on Monday nights. Beginners class is 6:00pm-6:30pm and intermediate 6:30pm—7:30pm. Cost is \$10.00 per class payable that night.